

9-11 March 2023 African Classic and Equipped Bench Press 2023

Equipped Bench Press - Women	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	BP-1	BP-2	BP-3	Best BP	Pl/Div/Clis/Event	Forecast Score	Place	IPF GL Points
Open														
	Leighton Megan	RSA	F-O	65,95	69	1996	60,0	65,0	-67,5	65,0	1/F-O/69/BP	65,0	1	38,15
	Rees Christi	RSA	F-O	107,80	84+	1986	172,5	180,0	-190,0	180,0	1/F-O/84+/BP	180,0	1	87,05
Master 1														
	Rees Jacqui	RSA	F-M1	86,75	84+	1980	110,5	116,0	-121,0	116,0	1/F-M1/84+/BP	116,0	1	59,83
Master 2														
	Anthony Carol	RSA	F-M2	51,70	52	1966	50,0	55,5	-58,0	55,5	1/F-M2/52/BP	55,5	1	38,64

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Equipped Bench Press - Men	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	BP-1	BP-2	BP-3	Best BP	Pl/Div/Cl/Event	Forecast Score	Place	IPF GL Points
Open														
	Ayekpa Archie	RSA	M-O	91,25	93	1985	185,0	200,0	200,0	200,0	1/M-O/93/BP	200,0	1	66,90
	Masson Craig	RSA	M-O	104,70	105	1981	217,5	217,5	217,5	217,5	1/M-O/105/BP	217,5	1	67,62
	van Wyk Derik	RSA	M-O	104,00	105	1986	200,0	200,0	208,0	208,0	2/M-O/105/BP	208,0	2	64,87
	Smith Johan	RSA	M-O	120,10	120+	1991	260,0	282,5	300,0	DD				
	Breetzke Simon	RSA	M-O	144,20	120+	1978	235,0	250,0	260,0	260,0	1/M-O/120+/BP	260,0	1	72,60
Master 2														
	de Beer Hermanus	RSA	M-M2	116,70	120	1970	155,0	160,0	165,0	165,0	1/M-M2/120/BP	165,0	1	49,03
	Crain John	RSA	M-M2	123,25	120+	1969	160,0	170,0	190,0	170,0	1/M-M2/120+/BP	170,0	1	49,56
Master 3														
	de Nysschen Tommie	RSA	M-M3	73,90	74	1963	137,5	147,5	150,0	147,5	1/M-M3/74/BP	147,5	1	57,51
	Schoonraad Christo	RSA	M-M3	104,25	105	1963	165,0	165,0	180,0	180,0	1/M-M3/105/BP	180,0	1	56,08